

Scott Medical & Healthcare College Newsletter



April 2026



Dear Parents/Carers,

As we enter the spring term, it's a chance to reflect on a busy and fulfilling period, full of enriching activities and opportunities for our students to grow and excel.

This term, we welcomed guest speakers from Oxford University and students built meaningful connections through the Intergenerational Project with Millfields

Inspired, fostering a strong sense of community. From hands-on workshops to medical science sessions, students embraced every chance to learn and develop new skills.

Outside the classroom, students celebrated Red Nose Day by designing their own noses, and British Science Week sparked curiosity as they explored nature's fascinating adaptations.

Among the term's highlights, all Year 12 students gained their First Aid qualifications.

As we approach the Easter break, we wish everyone a restful holiday and look forward to another term of exciting opportunities and achievements.

Best wishes,
Anita Frier, Headteacher



Year 12 Build Community Connections

A group of Year 12 students recently took part in the Generations Together Event at Millfields Inspired, joining children from St Joseph's Primary School and residents from Parkwood House and Nazareth House for a day of creativity and connection.

Our students planned and led arts and crafts activities that encouraged interaction across all ages, demonstrating confidence, kindness, and maturity.

Year 12 student Taya said: "It was such a rewarding experience! We loved helping the children and residents create something special, and it really showed us how important connection and communication are in health and social care."

The event not only fostered community links but also gave students valuable skills in confidence, resilience, and compassion – all essential in Health and Social Care. We are incredibly proud of the way our students represented Scott Medical College.

[READ THE FULL STORY HERE...](#)



World Book Day 2026

Our staff have truly outdone themselves this World Book Day, dressing in some fantastic costumes to celebrate the joy of reading! From classic characters to modern favourites, it's been amazing to see so many creative outfits around the school today.

Events like this help bring books to life and remind us just how powerful stories can be. A huge well done to all the staff who embraced the fun and helped make the day so special for our students!





Careers Fair 2026 – Inspiring Futures

Years 9–12 explored their options at our annual Careers Fair, meeting 40 exhibitors from sectors including law, accountancy, defence, education, museums and gap year opportunities.

Throughout the day, students engaged in meaningful conversations with exhibitors, discovering more about qualifications, skills and experiences needed for different professions. The event also helped students think more broadly about their own interests and ambitions.

“Talking to people who actually do these jobs was really useful. It opened my eyes to careers I hadn’t thought about and helped me understand what skills I need to develop for the future.” Molly said.

A fantastic day of learning, inspiration, and planning for the future! We would like to thank all the exhibitors who gave their time to support our students.

[CLICK HERE TO READ MORE...](#)



DON'T FORGET
Scan the QR code
to view our
virtual tours



University of Plymouth Physiotherapy Team Inspire Students

Students were inspired today by guest speakers from the University of Plymouth Physiotherapy course, including lecturer Alec Rickard and students John Passmore and Theo Orchard.

They shared their journeys into physiotherapy, explained the many specialist areas within the profession, and gave students an insight into university study and placements.

Mia in Year 9 said, “It is not a career I had thought about until now. I like the idea of having placements and studying at university as well.”

A great opportunity for students to explore future careers in healthcare!

[READ THE FULL STORY HERE...](#)



Students Celebrate National Science Week at City College Plymouth

Year 9 students from across campus had an amazing day at City College Plymouth celebrating National Science Week.

From sports therapy and force deck jump testing to DNA pipetting, healthcare science, and forensic fingerprinting, students enjoyed a full day of hands-on science experiences.

Our students gained valuable hands-on experience and left feeling excited about the world of science.

[READ THE FULL STORY HERE...](#)





Lifeline Medical Rush Workshop

Year 10 students impressed with their teamwork, communication, and problem-solving during the fast-paced Lifeline "Medical Rush" workshop. Visiting medical students from Plymouth Peninsula Medical School guided teams to diagnose and treat patients under pressure, including surprise crisis scenarios!

Katie said, "It was so much fun but a little stressful getting the right treatments for the people, but we worked as a team and had great results."

A fantastic hands-on experience giving a real taste of the medical world!

[CLICK HERE TO READ MORE](#)



Students Step Into the NHS 2026

Our Year 9 students recently took part in Step Into the NHS 2026, exploring the 350+ careers available in the NHS through a series of engaging virtual sessions with healthcare professionals at @uhp_nhs.

Students learned about roles including nursing associates, physiotherapists, radiographers, prosthetists and project managers, gaining valuable insight into both patient-facing and behind-the-scenes careers.

Mrs Chalmers said, "It is so important for our students to have careers and medical experiences outside the classroom. Being part of the NHS event was such a valuable opportunity for our Year 9 students."

A fantastic opportunity for our students to learn about future careers and the many pathways into healthcare.

[READ THE FULL STORY HERE...](#)



Biology Olympiad

Year 12 students excelled in the Biology Olympiad, a national competition testing broad biological knowledge.

Jingru achieved a Gold Award, placing in the top 5% nationally, while Alix earned a Bronze Certificate in the top 15%! We also celebrated a number of Highly Commended certificates.

Jingru said: "I really enjoyed the challenge of the Olympiad and the opportunity to test my knowledge against so many students across the country."

We are incredibly proud of all our students' achievements!

Careers Day at Foot Anstey

Our Year 12 students recently visited Foot Anstey for an inspiring Careers Insight Day. Students heard from professionals about their career journeys, developed their confidence through personal pitching, and worked together on a business challenge.



Rachel said: "It was a great opportunity to learn about careers in law and ask questions about the different routes into the profession. The business pitch helped us use our teamwork and confidence."

[READ THE FULL STORY HERE...](#)



Ski trip 2026!

Year 10 students enjoyed an incredible five-day ski trip to Prato Nevoso, challenging themselves on slopes suited to all abilities. By the third day, beginners were confidently skiing Blue and Red runs, while the advanced group explored Artinsina.

Max said: "I loved pushing myself to ski down the Red runs – it was such an achievement!" Poppy added: "Even as a beginner, I felt proud seeing how much I improved by the third day."

Evenings were filled with fun off the slopes, including tobogganing, trips to the local shop, and relaxing at the hotel with pool and card games. The weather was mostly sunny, with just one colder day, making it a truly memorable experience for all.

The trip was a fantastic mix of challenge, teamwork, and fun, creating memories to last a lifetime.

[CLICK HERE TO READ MORE...](#)



Bronze DofE Students Conquer Their First Walk

Our Bronze Duke of Edinburgh students had a fantastic day completing their first practice walk at Mount Edgcombe, with sunny skies and bright spirits all round!

Starting at Cremyll Ferry, they passed Fort Picklecombe, Makers Church (where lunch was cooked!), Cawsands Beach, and Hooe Lake Point, before finishing back at the ferry.

Pupils showed incredible determination, resilience, and teamwork, digging deep, learning from mistakes, and putting their training into action. Staff were so proud of everyone!

Check out the photos capturing the sunny, fun-filled day. We can't wait for the qualifier walk!

[CLICK HERE TO READ MORE...](#)



HEALTHCARE CADETS PROGRAMME

Explore a Career in Healthcare!

FOR YEAR 9-11 STUDENTS

Hosted by the University of Plymouth



Guest Speakers: Doctors, Nurses, Paramedics & more



Hands-On Activities & Medical Skills

Access to University Facilities



Thursday Evenings, April - June 2026



University of Plymouth Certificate on Completion

See info sent home via email to parents

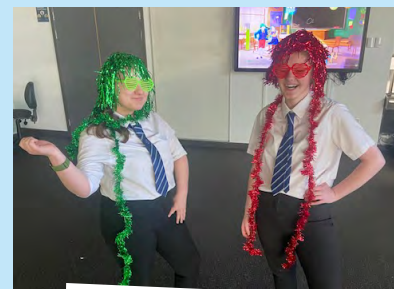




Cambridge University Visit

Year 10 and Year 12 students recently took part in an inspiring session with Anais Pettecrew, School Liaison Officer from Downing College, Cambridge University.

Students learned about studying at the University of Cambridge, including the application and interview process, funding opportunities and the benefits of attending a competitive university. Through interactive activities and discussion of Cambridge-style interview questions, the session encouraged students to think critically, aim high and recognise their academic potential.



Red Nose Day

Students came together to celebrate Comic Relief's Red Nose Day, taking part in a fun-filled day of activities to raise money for charity.

The event included a mass 'Just Dance' session with props, wigs, and glasses, a bake sale and donations to charity buckets.

Students showed off their creativity and imagination by taking part in a creative activity designing their own red noses, with a wide variety of unique designs – from colourful patterns and glittery finishes to funny and inventive shapes.

It was a brilliant way for students to have fun, get involved, and support a great cause!



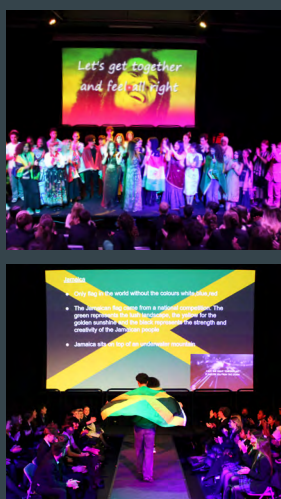
Diversity Cultural Fashion Show!

Students and staff recently came together to celebrate the rich cultural diversity within our school community at a vibrant Diversity Fashion Show, organised by sixth form student Kezhal.

Students proudly showcased their heritage and countries on stage, highlighting the incredible range of cultures represented across the school. The event also raised awareness for White Ribbon, a charity working to prevent violence against women and girls.

With the hall full and 46 different languages represented across the school community, the event was a powerful celebration of inclusion and pride, with hopes of making it an annual tradition.

READ THE FULL STORY [HERE...](#)



DIARY DATES

DofE Presentation Evening
Wednesday 22nd April

Year 10 Parents Evening
Thursday 14th May

Bronze DofE Qualifier Walk
Friday 24th - 25th April

Silver DofE Qualifier Walk
Thursday 21st - 23rd May

Gold DofE Practice Walk
Thursday 21st - 23rd May



Exploring Careers in Health & Social Care

Year 9–11 students welcomed guest speaker Daniel Welch from Caring Plymouth to learn about the wide range of careers in the health and social care sector and how these roles make a real difference in our community.

Leon said: "It's good to know there are jobs that make a difference to people's lives and support our community."

An inspiring session highlighting how experience and passion can open doors to rewarding careers.

[READ THE FULL STORY HERE...](#)

Sixth Form Biology at Plymouth University

Our Year 12 BTEC and Year 13 A Level Biology students visited Plymouth University for a cardiac anatomy workshop, exploring interactive heart models and using Anatomage technology to study real human anatomy.

Year 12 student Ophelia said: "It was really interesting to see how the different systems in the body connect with each other. The technology made it much easier to visualise how everything works together."

An inspiring day bringing biology to life and exploring future careers in medicine!

[CLICK HERE TO READ MORE...](#)



Year 12 Learn to Budget with Young Enterprise

Our Year 12 students joined Young Enterprise to learn about careers, personal skills, and budgeting for the future. The session helped them plan, set goals, and understand the real costs of life and work.

Sophie said: "The session was a helpful insight into maintaining realistic goals for the future and how to prepare for the necessary circumstances."

[CLICK HERE FOR MORE...](#)



Students Raise Funds for Jamaica Hurricane Recovery

Our students came together for an amazing fundraising day to support communities affected by Hurricane Melissa. From bake sales to cracker-eating contests and the hilarious "Pie the Teacher" event, the day was full of laughter, music, dancing and team spirit!

Max said, "It was such a fun day and everyone got involved. It felt good knowing that what we were doing would help families who really need support."

A huge thank you to everyone who joined in!

[CLICK HERE TO READ MORE...](#)

CLUBS

SUMMER 2026



Scott
Scott Medical and Healthcare College

EVERYDAY

MORNING FOOTBALL
Who? All years | Where? Green Astro
When? Before School

BREAKFAST CLUB
Who? All years | Where? KS1-6

TUESDAY, WEDNESDAY & THURSDAY

TUESDAY & WEDNESDAY

STEAM

THURSDAY

DoF CLUB BRONZE
Who? Years 9 and 10 (will have pre-signed up)
Where? KS6-9

COMING SOON!

MONDAY

BASKETBALL
Who? All years | Where? Sports Hall
When? Break B

**ARGYLE COMMUNITY
TRUST FOOTBALL
(GIRLS ONLY)**
Who? All years | Where? Green Astro
When? After school

TUESDAY

READING CLUB
Who? Years 7-9 | Where? Library
When? Break A

POWER OF US LGBTQIA+
Who? All years | Where? GF01
When? Break B

TEXTILES CLUB
Who? All years | Where? VA2
When? After school

NETBALL
Who? All years | Where? Sports Hall/Courts
When? After school

BADMINTON
Who? All Years | Where? Sports Hall
When? After school

MONDAY, WEDNESDAY & THURSDAY

LIBRARY
Who? All years | Where? SDCC Library
When? Break A & B

WEDNESDAY

ART & CLAY ART
Who? All years | Where? VA3
When? After school

GIRLS FOOTBALL
Who? All years | Where? Green Astro
When? After school

DODGEBALL
Who? All years | Where? Gym Zone
When? After school

EPQ DROP IN SESSION
Who? Sixth Form | Where? SMHC SF07
When? Break B

BIOLOGY INTERVENTION
Who? Yr 13 Biologists | Where? SC13
When? 4-5pm

Who? All years | Where? Green Astro
When? After school

BOYS FOOTBALL
Who? All years 9 & 10 | Where? Blue Astro
When? After school

BENCHBALL
Who? Years 7, 8 & 9 | Where? Sports Hall
When? After school

FITNESS
Who? All Years | Where? FT1
When? After school

MEDIA CLUB
Who? Years 7-10 | Where? VA5
When? After school

eSPORTS (ROCKET LEAGUE)
Who? All years | Where? CT3
When? 3-4pm

FRIDAY

CCF
Who? Years 10-13 (Invite only)
Where? Off site
When? After school

FURTHER MATHS
Who? Year 11 (top maths sets only)
Where? MA6
When? 3-4pm

Care to Learn, Learn to Care

SAFEGUARDING UPDATE

Urban Exploring – A Safety Reminder for Easter

With the Easter holidays approaching, we would like to remind families about the risks associated with “urban exploring” (often referred to as “urbex”). This involves young people visiting abandoned buildings, construction sites, rooftops or other restricted areas, often encouraged by social media trends.

While it may seem exciting, urban exploring can be extremely dangerous. These locations are often unsafe, with risks including unstable structures, broken glass, exposed wiring, hidden hazards, and the potential for serious injury. There is also the risk of encountering unsafe individuals or becoming involved in situations that require police involvement.

Trespassing on private property is illegal and can have serious consequences. Many sites are monitored by security or CCTV, and emergency services may be called.

We encourage parents and carers to speak with their children about staying safe, making sensible choices, and avoiding unsafe or restricted areas. If your child is looking for adventure over the holidays, we recommend organised activities or supervised environments where their safety can be ensured.

Thank you for your continued support in keeping our students safe.

When Everyone Watches: What the Bystander Effect Means for Our Children

It was a busy afternoon at the park. A child tripped near the climbing frame and began to cry. Several adults glanced over - but no one moved right away. Each person seemed to pause, waiting, assuming someone else would step in.

This moment captures something psychologists call the bystander effect—a tendency for people to be less likely to help when others are present. It's not because people are uncaring. In fact, it often happens because we're social beings, quietly taking cues from those around us.

For parents, understanding this phenomenon matters more than you might think—because children are always watching, learning not just from what we say, but from what we do (or don't do).

What Is the Bystander Effect?

In simple terms, the bystander effect occurs when responsibility gets “shared” among a group. The more people there are, the less any one individual feels personally responsible to act.

Children experience this too:

- In classrooms when a classmate is being teased
- On playgrounds when someone gets hurt
- Online when they witness unkind behavior

They may hesitate, unsure if it's their place to step in—or assume someone else will.

Why It Matters for Children

We often teach children to be kind, but we don't always teach them how to act when kindness requires courage.

Without guidance, children may:

- Freeze in uncertain situations
- Follow the crowd instead of their instincts
- Miss opportunities to help others

With the right support, they can learn to notice, decide, and act

How Parents Can Help

1. Talk About It Openly

Bring up real-life situations:

“Have you ever seen someone being left out?”

“What do you think you could do in that moment?”

These conversations help children mentally rehearse action.

2. Teach Small, Clear Actions

Children don't need grand gestures. Simple steps are powerful:

- Check on someone: “Are you okay?”
- Get help from an adult
- Include someone who's alone

Clarity reduces hesitation.

For more information

<https://www.redcross.org.uk/stories/health-and-social-care/first-aid/what-is-the-bystander-effect>

<https://www.psychologytoday.com/gb/basics/bystander-effect>



Need Support or Have Concerns?

If you have a concern or worry about a student please contact the safeguarding team safeguarding@sdcc.net

Talk 2 us is available for students to raise any concerns or worries. talk2us@sdcc.net

Mr Kelly Designated Safeguarding Lead