

February 2026

Dear Parent/Carer,

I hope this letter finds you well.

I am writing to inform you of a decision regarding your child's participation in Core Physical Education lessons during this important stage of Year 11. As we approach the final weeks leading into examinations, it is essential that every lesson is used productively and purposefully.

Unfortunately, despite ongoing encouragement and support, your child's engagement with the PE programme has been consistently limited. While we firmly believe in the importance of maintaining an active and healthy lifestyle — and recognise the strong links between physical activity, wellbeing and academic success and that PE is a opportunity to establish this— we must also consider the bigger picture at this crucial point in the academic year.

With this in mind, and after careful consideration, we have decided that your child's time will be better directed towards structured independent study in core examination subjects during PE lessons. This decision has not been taken lightly. We remain committed to promoting positive messages about physical activity and will continue to encourage lifelong healthy habits. However, in the remaining weeks of Year 11, we believe that prioritising academic preparation will have the most significant impact on their future outcomes.

Students will continue to register with the PE team as normal during their timetabled time and then move to a supervised and fully resourced study room, where they will complete high-quality independent revision.

Please be assured that this intervention is intended to support your child in achieving their very best. We want the best for all of our students and remain fully committed to supporting them in every possible way.

Should you wish to discuss this matter further, please do not hesitate to contact me at JLePage@sdcc-smhc.net

Thank you for your continued support.

Anita Frier, Headteacher

Scott Medical and Healthcare College • Somerset Place • Plymouth • PL3 4BZ
Tel: 01752 987010 • info@sdcc-smhc.net • www.scottcollege.co.uk

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