

Scott Medical & Healthcare College Newsletter



October 2022



Dear Parents/Carers,

This half term has been wonderful, seeing the new Year 9 and 12's flourishing and all year group getting involved in various activities and trips.

We've celebrated National Poetry Day, in which we now have a talented new

Poet Laureate, Prisca, whom I know will make a great ambassador for the college.

We also celebrated World Mental Health Day, and Restart A Heart Day, in which our students have been trained in CPR. Students fed back that they feel like they have the knowledge now to be able to help someone, which is exactly what we want to see.

Best wishes,

Anita Frier, Headteacher

The Environment By Prisca Ajiye

To this world we are becoming a tyrant,

*For the people who are trying to help,
We are keeping them silent.*

*Reduce, Reuse and Recycle
Can't make you waste that much energy.*

*Too many bad days
Because the surrounding
Heat gets to me.*

*Taking more trees,
Than you're using
Soon there will be no non-renewable energy.*

*In about time, the predictions for each country
Are bound to reach history
How we're going to help our planet is a mystery.*

*To this world we are becoming a tyrant,
For the people who are trying to help,
We are keeping them silent.*

*If someone has a solution,
Please let us try it.*

National Poetry Day - our new Poet Laureate!

Congratulations to Prisca, our New Poet Laureate for Scott College!

On National Poetry Day, Scott College held a whole school election in order to choose the new Poet Laureate for 2022/2023.

Students from all years had the opportunity to write a poem to enter the competition. There

were a number of excellent entries from which three finalists were selected by a panel of judges.

It was a close competition between the three shortlisted candidates - all who produced thoughtful, well-crafted poems on the theme of The Environment - but in the end, Prisca's poem won the vote.

Prisca, our new Poet Laureate said, "I was shocked, but thrilled to have won! I worked very hard on this, and I'm happy to say that it was worth it. I adore writing poetry because it allows me to subtly and creatively communicate my thoughts and feelings. In my free time, I enjoy writing poems since it allows my imagination to go wild.

"I'm excited to serve as this year's Poet Laureate and my family are really proud of me."

We can't wait to see what other creative and beautiful poems Prisca can create!



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Restart A Heart Week

Approximately 30,000 out-of-hospital cardiac arrests happen every year in the UK. Sadly, less than 1 in 10 people survive these cardiac arrests. Performing CPR can more than double the chances of survival in some cases.

At Scott College, medical and healthcare education is at the heart of everything we do. To celebrate Restart A Heart Day, Mrs Sheaff has been working incredibly hard over the last three weeks, to train every single student and every member of staff in basic CPR and defibrillator training.

Mrs Sheaff said, "I believe teaching CPR to all our students and staff is of the greatest importance, I feel very sad about the statistic of a 1 in 10 chance of survival if you have a cardiac arrest outside a hospital setting. I want our students to feel confident enough to have a go at CPR if ever they were faced with that situation.

"Learning CPR in a classroom with your friends, being able to ask questions and having the assurance, courage and determination to undertake CPR will in the future, hopefully, alter those shocking statistics."

Mrs Merricks, Head of School at Scott College said, "I feel very proud of how the students have engaged with the restart a heart programme, and I am confident they all have a better understanding of how to support someone in difficulty. They listened intently during the instruction, but I was most impressed as I watched their deliberate practice of the skills, this really emphasised to me just how caring our students are, and as such how suited they are to their chosen pathway in the medical and healthcare sector."

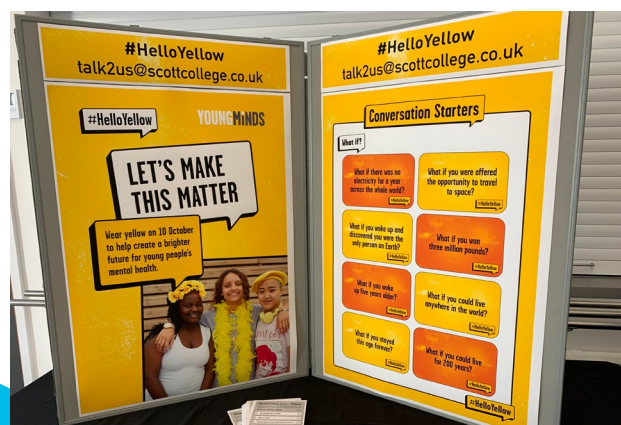


World Mental Health Day

It was World Mental Health Day this month. Students raised awareness with a bright yellow board and interactive sheets in The Street. Staff and students accessorised in yellow.

The well-being and mental health of our students is paramount here at Scott College. If students need someone to speak to or are worried about peer on peer abuse, contact our Safeguarding Team: talk2us@scottcollege.co.uk

We are always here for you



Tapas Trip for Year 9 Spanish Students

On Wednesday 5th October, the year 9 students taking GCSE Spanish visited a local tapas restaurant, El Marítimo in Plymouth.

As part of the visit, they observed the chef cooking a traditional paella and giving instructions in Spanish. They also got to sample the paella and order different tapas dishes from the menu. They were encouraged to use Spanish greetings and vocabulary to order their dishes. The students really enjoyed the experience and learnt a lot about Spanish dishes.



A Level Biology Residential Trip



This week, our fabulous Year 13 A level Biology students went to Pembrokeshire on a residential trip.

Students went to FSC Dale Fort, Pembrokeshire, carrying out fieldwork in the surrounding area including sampling periwinkles on the rocky shore, and investigating biodiversity on the salt marshes.

We also visited Skomer Island to observe the amazing wildlife including porpoises, seals, and the famous Skomer Vole, which is being investigated for potential cancer treatment due to being resistant to the carcinogenic compounds in the bracken it eats!

National Allied Health Professions Day



Scott students had an online talk from Speakers for Schools. Students heard from different members of NHS staff within Cornwall and the Isles of Scilly Health and Care Partnership, promoting the Allied Health roles, which coincided with National Allied Health Professions Day this month.

The students heard all about the different career paths that are open to them through the apprenticeship route within Allied Health Professions.

They talked about progression routes from starting as a Level 3 Senior Healthcare Assistant and having the opportunity to gain a degree apprenticeship from a wide range of different occupations.

They also heard talks from; Stacey, a Dietetic Support Worker, Ellie, a Dietetic and Speech and Language Support Worker and Steph, a Operating Department Practitioner.

It was a really informative talk with students learning more about career pathways options after school.



Scott students Lydia and Isobelle perform in the Battle of Trafalgar Parade

Two of our Scott students Lydia and Isobelle, our budding sea cadets, had the experience of a lifetime at the weekend. They were selected to take part in the Trafalgar Parade in London, for the Battle of Trafalgar celebrations.

“It was tiring but when the day of the performance arrived and we were walking through the streets of London and down the mall, playing our instruments, I felt elated! I felt like the whole world was looking at me and I was so proud that I was a part of such an important celebration, honouring the soldiers that fought in the Battle of Trafalgar.

“The trip taught me resilience, dedication, and commitment skills. I learned, if you work hard you can achieve big things and I’ll take these skills I developed into school and through to my exams. It was an amazing opportunity, I hope I get the opportunity to do it again.”

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DIARY DATES

Friday 11th November
Remembrance Day

Wednesday 16th November
Year 11 parent information evening

Monday 21st November -
Friday 2nd December
Year 11 and 13 Mock Exams



Dr Paul Laurance-Young from University of Plymouth

For curriculum collapse we had Dr Paul Laurance-Young in from University of Plymouth to do 2 talks around Biomedical Sciences. He spoke first to Year 9 and 10s explaining his journey into Biomedical Sciences and explaining more about what is included in the role and how Biomedical Scientists work to quote Paul "I cut pieces of people into smaller pieces". He explained some of the things he looks for when taking samples from people and how Biomedical Scientists actually detect viruses or diseases and then are tasked with discovering how to stop them. He stated that Science wasn't boring and that we actually all use science every day e.g playing sport such as football and working out where to move and kick the ball.

He then repeated his talk to Year 11s but expanded in more detail on the kind of diseases that can affect parts of the body and what they look like. He also shared the entry requirements for studying Biomedical Sciences at University of Plymouth and was very keen to promote that science is definitely for girls with 65% of laboratory staff at the hospital being female!

Sports Science Students complete Level 3 Activity First Aid Qualification

The first half of the Year 11 Sport Science pupils completed their Level 3 Activity First Aid qualification this week. It is specifically designed for those who are involved in any form of activity, including sports, leisure and recreation.

Pupil's are now confident to lead CPR, bleeding control, head injuries, asthma and many more first aid incidents.

This qualification is an essential part in preparation for their sports injury exam in January giving them vital knowledge and skills. It is valid for 3 years so it gives them a great addition to their CVs. The other half of the group will be completing their qualification after half term.



Annie Auditions

After a very busy audition for the whole school production of 'Annie' 2023 we have cast the actors and are excited to continue rehearsing with our new scripts. So much talent auditioned for the roles, making our lives as teachers extremely difficult!

Students are now busy learning lines, choreographing dance sequences and learning the music and have a busy committed rehearsal schedule ahead!

We cannot wait to share the production with our supportive audience of parents, staff and friends.

Production dates: 7th/8th and 9th February



**SMHC OPEN EVENINGS
2023**

**Thursday 16th March
Thursday 8th June**