

Scott Medical & Healthcare College Newsletter



February 2023



Dear Parents/Carers,

This half term has been filled with amazing opportunities for our students. We have had invaluable talks from Psychologists and Optometrists as well as well-being sessions. We also welcomed ambassadors from the University of Oxford to give our students an insight into where their future could take them.

We've attended numerous events and also hosted our Sixth Form Open Evening. We have met some fantastic young people who we hope will join our college and go on to be the next generation of medical and healthcare professionals.

Finally, a huge congratulations to all students involved in our cross-campus performance of Annie. The level of commitment, dedication and showmanship was second to none and this shone through in the final performances.

Best wishes,

Anita Frier, Headteacher



Rebecca stands out in Science Retrieval Practice

Year 11 students have been working really hard on their Science Retrieval practice in preparation for their exams.

This week's winner is Rebecca for showing massive commitment to her studies in science since the introduction of the retrieval practice homework.

Well done Rebecca!

ANNIE PERFORMANCE

Campus performance of ANNIE wowed the audience

The sun really did 'come out' as our wonderful cast of ANNIE wowed their audience.

Students from Year 7-13 from across the Stoke Damerel and Scott campus came together as a team, led by Ebonie (Year 9) taking on the role of little orphan Annie. Preeti (Year 10) / Juliet (Year 13) amazed us as Miss Hannigan, neglecting her poor orphans - played by Olivia (Year 8), Maddison (Year 10), Marie (Year 9), Clara (Year 9), Izzy (Year 9) and Izzy (Year 7).

We were treated to those all important show tunes - 'Tomorrow', 'Maybe', 'Never Fully Dressed' and 'Easy Street'. Much laughter was to be had in the form of the swindling couple Rooster and Lily St. Regis, played by the hilarious Joshua (Year 9) and Sienna (Year 10). The heroic billionaire Oliver Warbucks, Joshual (Year 10), alongside his secretary Grace Farrell, Mollie (Year 9) saved the day, both giving outstanding performances.

Needless to say the whole cast and chorus were exceptional, and we are so thrilled that their dedication and resilience in rehearsals has culminated in a show which they can be proud of and will be talked about for years to come.

[SEE MORE PICTURES HERE...](#)





University of Oxford - Campus Visit

We welcomed Ellie from the University of Oxford Outreach Team who visited our Year 13 students.

Ellie spent the morning working with the students to develop critical thinking skills; what to expect from the University of Oxford, life as a student and the support students receive.

The students came away animated and excited to have had their first university talk from one of the world's top university!



Year 12 Biology students dissect fish heads

Our Year 12 A level Biology students participated in a fish head dissection as part of their A level biology course today.

This involved dissecting the gills and studying them under the microscope, as well as looking at the fish fins which look remarkably similar to insect wings when studied under a microscope.

The students have been learning all about the counter-current gas exchange system in fish and this activity enabled them to study the anatomy of the fish gills in more detail.

Students attend the Science and Engineering Showcase

Students attended the Science and Engineering Showcase at Plymouth University this term.

This event aims to raise students' aspirations in science and technology subjects and demonstrate how exciting STEM can be at A level and in higher education.

Students had the unique opportunity to talk with current undergraduate students, PhD students and academics about what it's like to study and work in STEM.

After a tour of the campus, and a chemistry show, students spent the afternoon exploring the interactive exhibits in the marquee, ranging from the Iceberg Alley and Electron Microscopy to Google Earth virtual reality and Engineering research. Many of our students had the opportunity to hold some amazing invertebrates, use an electron microscope and have a go in the world record-breaking hand cycle, designed and built by staff and students in the School of Engineering, Computing and Mathematics at the University of Plymouth.

This whole event was a fantastic day for our students to be involved in, and has really shown them the range of opportunities that are available to them after finishing their GCSE's.



DUKE OF EDINBURGH

DofE Bronze Practice walk at Burrator Reservoir

Whilst the sun was shining, but the wind was cold, over 60 students participated in their bronze practice walk around Burrator Reservoir today.

This was the first time the pupils were remotely supervised and were left to self manage to navigate their way around the reservoir, and the pupils absolutely smashed it.



Students brave elements on the DofE Silver practice walk

In true Duke of Edinburgh style, 40 of our students braved the weather on their Silver practice walk around Sharpitor this term.

It's so nice to see so much positivity and students embracing the elements. There was lots of teamwork and support for each other. Well done to all involved!

[CLICK HERE TO READ MORE](#)

DofE Gold students preparing for expedition

Students have been meeting once a week to work on their eDofE aspects. This includes choosing a volunteering, physical and skills section to further enhance their skills. We are really pleased with their progress and are excited for the practice walks on Dartmoor soon.



Psychologist talks to Psychology A Level students

Kayleigh McMillan, Psychologist, spoke to our Psychology Students about the different disciplines within Psychology, both forensic and clinical. Students gained an understanding of the professional qualifications that are required for different roles.

The students found the session both informative and interesting giving them a broader understanding of the career roles available.

[READ MORE ON OUR WEBSITE](#)



No Label No Limits Workshop

Students from SMHC have been selected to take part in the No Label No Limit initiative. The programme is to develop aspiration and resilience in young women.

This session was all about well-being and the importance of relaxation away from electronic devices, how to relax and the girls participated in a relaxation exercise.

We are looking forward to the next session where the students will be learning about resilience & kindness and we will be having inspirational women coming in to speak informally with the girls about their personal careers journey.

EVENTS

Sixth Form Open Evening



We welcomed many young people and their families to our Sixth Form Open Evening this term. There was the opportunity to learn about the college as well as speak to specialised teachers to learn more about our subject offering and the best pathways for post-16 options.

The Big Parents Event



We attended the The Big Parents Event hosted by the YMCA at Plymouth Argyle this term.

It was great to speak to young people interested in the medical and healthcare industry and even welcomed some to our Sixth Form Opening Evening!

Thank you to Mrs Sheaff, Mrs Quinton and Mrs Loomes for promoting Scott College.

This term we have also attended school careers fairs at Marine Academy Plymouth and Lipson Community College. Mrs Hefford visited Devonport High School for Boys to give assemblies to students to talk about medical and healthcare education pathway.



Orthoptics and Optometry speakers talk to students for Curriculum Collapse

Our Year 9, 10 and 12 students had the privilege of hearing from medical professionals today in their Curriculum Collapse lessons. We welcomed Faith Kerekes from UHP NHS Trust's Orthoptics department and Alshana Rahmetulla from the University of Plymouth's Optometry department.

Faith explained that Orthoptists are experts in how the eyes work, eye movement and visual development. Orthoptists are the experts in diagnosing and treating defects in eye movement and problems with how the eyes work together.

This was followed by another brilliant talk on Optometry from Alshana Rahmetulla from the University of Plymouth, who talked about how Optometrists are the front line of eye care and deal with all problems relating to the eyes.

[READ MORE ON OUR WEBSITE](#)

DIARY DATES

Year 11 Careers Fair
Friday 3rd March

DofE Awards Evening
Tuesday 7th March

Year 9 and Year 12 Open Evening for
prospective students
Tuesday 14th March

SMHC Ski Trip
Saturday 1st - Saturday 8th April

CLUBS

SPRING 2023



EVERYDAY

BEDROCK BREAKFAST

Who? Years 7-9 | *Where?* EN10
When? 7.45-8.30am

BREAKFAST CLUB

Who? All years | *Where?* SDR
When? 7.45-8.30am

MONDAY - THURSDAY

SEN HOMEWORK SUPPORT

Who? Years 7-10 | *Where?* SU1
When? 8-8.30am

HOMEWORK SUPPORT CLUB

Who? Years 7-10 | *Where?* Sixth Form Learning Zone
When? 3-4pm

SEN HOMEWORK SUPPORT

Who? Years 7-10 | *Where?* SU1
When? 3-4pm

MONDAY

INDOOR CRICKET

Who? All years | *Where?* Sports Hall
When? 3-4.15pm

PAFC GIRLS FOOTBALL

Who? All Years | *Where?* Astro
When? 3-4.15pm

PRODUCTION DANCERS

Who? ? | *Where?* DA1
When? 3-5pm

SDCC ROCK BAND

Who? All years | *Where?* MU1
When? 3-4.30pm

TUESDAY

HISTORY AMBASSADORS

Who? All years | *Where?* EB9
When? 3-4pm

GEOGRAPHY SOCIETY

Who? All years | *Where?* EB8
When? 3-4pm

MODERN BRITAIN AND RS

Who? Years 7-10 | *Where?* EB14
When? 3.15-4.00pm

NETBALL CLUB

Who? Years 7-10 | *Where?* Sports Hall
When? 3-4.15pm

LIFE CENTRE SWIMMING

Who? Years 7-10 | *Where?* Life Centre
When? 3-4.15pm

TABLE TENNIS

Who? Years 7-10 | *Where?* PE
When? 3-4.15pm

DODGEBALL

Who? Years 7-9 | *Where?* Sports Hall
When? 3-4.15pm

TECHNOLOGY CHALLENGE

Who? All years | *Where?* CT1
When? 3-4pm

PRODUCTION SINGERS

Who? All years | *Where?* MU1
When? 3-5pm

NETBALL

Who? Years 11-13 | *Where?* PE
When? 4-4.45pm

F1 CLUB

Who? All years | *Where?* SC5
When? 3-4pm

PARAGON

Who? Years 7-10 | *Where?* MA5
When? 3-4pm

KS4 ART

Who? Year 10 | *Where?* AT1 & AT2
When? 3-4pm

TUESDAY - THURSDAY

FITNESS CLUB

Who? All years | *Where?* Fitness Suite
When? 3-4.15pm

WEDNESDAY

GCSE HISTORY HOMEWORK SUPPORT

Who? Years 10 and 11 | *Where?* EB9
When? Break A

GYMNASTICS

Who? Years 7-9 | *Where?* Old Gym
When? 3-4.15pm

BOYS FOOTBALL

Who? Years 7-8 | *Where?* Field
When? 3-4.15pm

CARD CLUB

Who? Years 9-10 | *Where?* MA4
When? 3-4pm

ART CLUB

Who? All years | *Where?* AT1 & AT2
When? 3-4pm

CLAY CLUB

Who? All years | *Where?* AT2
When? 3-4pm

PRODUCTION REHEARSAL

Who? All years | *Where?* Main Hall
When? 3-5pm

PHOTOGRAPHY CLUB

Who? All years | *Where?* PG1/2
When? 3-4pm

DofE CREATIVE SKILLS

Who? DofE Students | *Where?* PG2
When? Week B 3-4pm

SCHOOL PRODUCTION COSTUME DEPARTMENT

Who? All years | *Where?* PG2
When? Week A + B 3-4pm

DofE BRONZE

Who? DofE Students | *Where?* Canteen
When? Week A+B 3-4pm

THURSDAY

FLUTE CLUB

Who? Year 7 | *Where?* MU2
When? Week B Break B

LGBTQ+

Who? All years | *Where?* CT4
When? 1.15-1.45pm

BADMINTON

Who? Years 7-10 | *Where?* Sports Hall
When? 3-4.15pm

BOYS FOOTBALL

Who? Years 9-10 | *Where?* Field
When? 3-4.15pm

GIRLS FOOTBALL

Who? Years 7-9 | *Where?* Field
When? 3-4.15pm

GLOWING STARS- YOUNG CARERS

Who? All years | *Where?* CT4
When? 3-4pm

BRITISH SIGN LANGUAGE STAGE ONE

Who? All years | *Where?* GF03
When? 3-4pm

CODE CLUB

Who? All years | *Where?* CT2
When? 3-4pm

BOARD GAMES

Who? Years 7-9 | *Where?* MA11
When? 3-4pm

KEYBOARD CLUB

Who? All years | *Where?* MU1
When? 3-4pm

SD MEDIA STUDIO

Who? Years 7-9 | *Where?* MS2
When? 3-4pm

PRODUCTION REHEARSAL

Who? All years | *Where?* DR1/ Main Hall
When? 3-5pm

STEAM

Who? Years 7-8 | *Where?* SC6
When? Week A 3-4pm

COOKING CLUB

Who? Years 7 and 8 | *Where?* FN3
When? Week A 3-4pm

SDCC DofE SILVER

Who? Year 10 | *Where?* GF01
When? 3-4pm

FRIDAY

DUNGEONS AND DRAGONS

Who? All years | *Where?* SC12
When? 3-4pm

KS3 BOOK CLUB

Who? Years 7-9 | *Where?* Library
When? Break A

FURTHER MATHS

Who? Year 11 top sets | *Where?* GF4
When? 3-4pm

YOUNG WRITERS CLUB

Who? All years | *Where?* EN3
When? Break B

Aspire ACHIEVE Thrive

SAFEGUARDING UPDATE

As technology moves at an alarming rate, trying to keep up with all the news apps and change can be a mind field for any parent/carer. In this section of the newsletter we will aim to keep you up to date with specific apps to be aware of, age restrictions and any concerning trends that relate to safeguarding children. It will also sign post any support that is offered by outside agencies.

APP SPOTLIGHT

SNAPCHAT

The app doesn't need any introduction at all. After all, it has millions of users from around the globe. However, the popular "bubble messaging" app does have its fair share of privacy and security issues that put many users' privacy at risk.

For instance, the app was hacked in 2014 and a large number of personal photos or Snapchat of users were publicised. Apart from that, the app does destruct the snaps, but there is a short window that people may use to take screenshots of the snap and later exploit it.

Age restriction: 13 years

OMEGLE

Omegle is a video chatting application that allows two parties to indulge in a video chat while being anonymous. The user is addressed as "You" while the other person is addressed as "Stranger."

The app has garnered the attention of many critics who deem the application as a perfect spot for predators who are after unsuspecting kids.

VIRTUAL REALITY & VIRTUAL WORLDS – NSPCC SAFETY GUIDANCE FOR PARENTS

They encourage parents to familiarise themselves with the risks young users can face in virtual worlds. They published new straightforward advice for families on how to keep children safe when using virtual reality including utilising the device's safety features and supervising children's use as they navigate both the virtual risks and physical space around them.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/what-is-the-metaverse/>

A NATION OF SAFEGUARDERS

The NSPCC has launched a new pilot programme called Listen Up Speak Up, which hopes to create a nation of 'safeguarders' among people who do not have primary safeguarding roles but might encounter children and families regularly. We're appealing to local organisations, businesses, members of the public, community groups, neighbourhood watch groups and sports clubs to take part by completing a free 10 minute digital training course, which will help them to identify signs of child neglect or abuse in the community and empower them to know how to raise concerns with someone who can help.

SAFEGUARDING LGBTQ+ YOUNG PEOPLE IN SPORT

LGBTQ+ children and young people face the same risks as all children and young people, but they are at greater risk of some types of abuse. It's essential that sport or activity providers create a supportive and welcoming culture for all children, safe from harm and a place where they can thrive. Being LGBTQ+ isn't a safeguarding risk, it's how others in our society may behave towards a young person who categorises themselves as LGBTQ+ that may cause risk.

[Read the NSPCC Guidance here: https://thecpsu.org.uk/helpadvice/topics/safeguarding-lgbtqplus-young-people/](https://thecpsu.org.uk/helpadvice/topics/safeguarding-lgbtqplus-young-people/)

FIT AND FED PROGRAMME

Plymouth City Council's Sports Development Unit coordinates a programme called Fit and Fed which is funded by the Department for Education (also known as Holiday Activity Fund HAF).

Fit and Fed provides free funded holiday club provision and focuses on children on benefit related free school meals. We are also able to offer a number of free funded places to Looked After Children, Children with Education, Health Care Plans, Foster Children, Children on Child Protection plans, Young Carers, children of recognised refugees and children from asylum seeking families.

www.plymouth.gov.uk/fitandfed

CONTACT US

If you have a concern or worry about a student please contact the safeguarding team
safeguarding@scottcollege.co.uk

Talk 2 us is available for students to raise any concerns or worries. talk2us@scottcollege.co.uk

Mr Kelly Designated Safeguarding Lead