

Scott Medical & Healthcare College Newsletter



May 2023



Dear Parents/Carers,

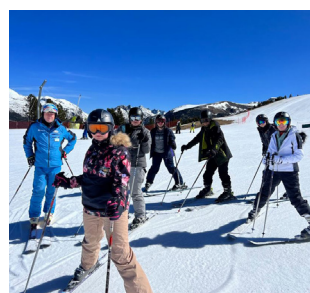
We were delighted to run Scott College's first ski trip this half term, which was a huge success with the students representing both the school and themselves impeccably. We look forward to running plenty more in the future.

We welcomed several guest speakers, including Plymouth NHS Hospital's midwifery department and physiotherapists and biomedical scientists from Plymouth University. All of the guest speakers, provided the students with plenty to think about for their future careers.

Students also had an abundance of trips including Bodmin Jail, The Eden Project, a Grade Boosting session at Plymouth University and a fascinating optometry masterclass at Plymouth Marjon University.

It's safe to say the students have had a wealth of opportunities this half term and wish them all a restful break, ready for the summer term ahead.

Best wishes,
Anita Frier, Headteacher



REMINDER STAFF ONLY DAY - 3RD JULY

Mental Health Awareness Week 2023

On the theme of 'anxiety', this year's Mental Health Awareness Week was from 15 to 21 May.

To mark the week, students have been sharing their feelings and worries and also writing positive tips to help with mental health, on a thought tree displayed in the Scott Suite.



Mr. Kelly also delivered assemblies to all year groups last week around Mental Health.

To find out more about Mental Health Awareness Week visit
www.mentalhealth.org.uk

Ski Trip 2023

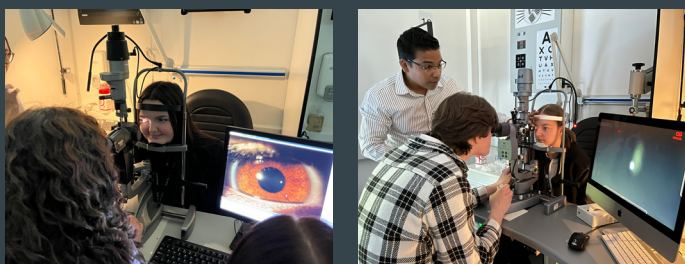
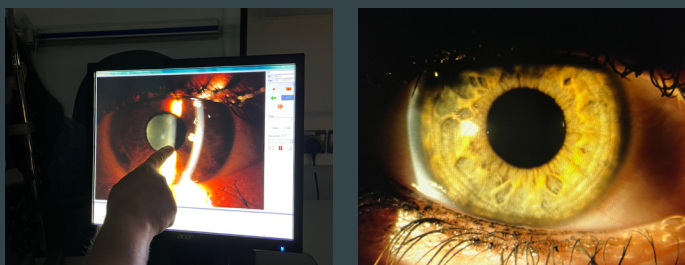
Over the Easter break, 43 students and 4 staff members went on a trip of a lifetime, to beautiful Andorra for a week's skiing trip.

Pupils stayed in a 4-star hotel which looked directly out onto the slopes. Each day they had 5 hours of instructed skiing with the fantastic team at the slopes. Students challenged themselves daily and were able to practice on different difficulty slopes, skiing down green, blue, red and even black runs!

We cannot praise the pupils highly enough for pushing themselves out of their comfort zones and giving every lesson 110%. The students also behaved impeccably both on and off the ski slopes and enjoyed themselves tremendously.

This was the first successful Scott College ski trip, with many more to come!

SEE MORE IMAGES HERE...



Optometry Masterclass

A group of Sixth Form students attended an Optometry Masterclass with Plymouth University this week.

The students had a fantastic time with many now thinking seriously about studying Optometry after Sixth Form. They were a real credit to the college and behaved impeccably.

Tille said, "It was a very eye-opening experience, giving us a deeper insight into career options and optometry itself."

Gracie said, "It was very interesting learning about the eyes. I especially loved the practical part where we got to look at each other's eyes up close. It has made me look at optometry as an option and will consider this course when looking at universities."

Addullah said "I wasn't quite sure if I would choose optometry as a career but after the information I received today, I am quite confident that I want to be an Optometrist!"

[READ THE FULL STORY HERE...](#)



DIARY DATES

Monday 26th June
Year 10 and 12 Mock Exams

Tuesday 27th June
Awards Evening

Monday 10th July
Year 10 Work Experience Week

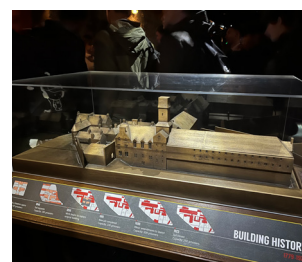
Bodmin Jail Trip

The History department took a group of Year 10 GCSE History students for a guided tour of Bodmin Jail.

The students were led around the jail learning fascinating facts about the Bloody Code and the change in prisons over the 1800's-1900s including the use of punishments and the role of public executions.

Gracie, said, "To see how prisons have developed historically was really insightful, it was also interesting to see how our perception of crime and punishment has changed. Moreover, seeing how we could potentially improve modern systems was really intriguing."

Our students asked and answered questions and really took the opportunity to extend their knowledge.



Midwifery Masterclass

We were very fortunate to welcome Francesca Rees, Specialist Midwife, from University Hospital Plymouth NHS Trust, who spoke to students interested in a career in midwifery.

The students were very interested in the masterclass and appreciated Francesca giving up her valuable time to talk to them. Thank you for coming in, and we look forward to welcoming you again in the future.

[READ THE FULL STORY HERE...](#)

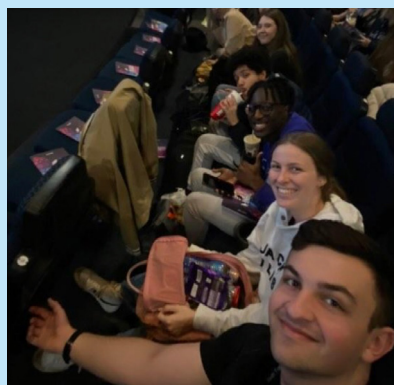


Physiotherapy Talk

Our Year 12 students were lucky to have a Physiotherapy medical masterclass, delivered by Bradley Halliday from the University of Plymouth.

It was a really informative session and quite a few of our students took away lots of useful information about Physiotherapy for consideration as their future career pathway

[READ THE FULL STORY HERE...](#)

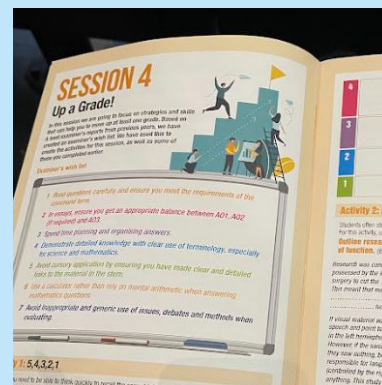


Grade Booster Workshop

Year 12 Psychology students took part in a fast-paced, interactive Grade Booster Workshop in Bristol. This gave them the opportunity to improve their knowledge and ensure they reach those high grades in the Summer.

Momtaj said, "It was really informative and a useful booster for the upcoming exams."

[READ THE FULL STORY HERE...](#)



Braingineering Session

Students in Year 10, 11 and 12 enjoyed a 'Braingineering' session led by Dr John Chilton, from the University of Plymouth Medical School.

Students learned about the complexities of the brain and investigated its interpretation of the world - which they found fascinating!

Siobhan Moyes, Daniel Zahra and Lily Evans, staff at University of Plymouth Medical School, accompanied Dr Chilton and took the opportunity to talk about what University life is like - a really valuable experience for year 12 who are currently making their applications for further and higher education.

Dr Chilton said, "We thoroughly enjoyed the two days of Braingineering. It was fascinating talking about the complexities of the brain with the students, they asked lots of great questions. We loved seeing their varied reactions of shock and surprise as they realised how their brain plays tricks on them!"



Medical Law Trip

Campus Sixth Form students had the amazing opportunity to spend time at Plymouth University, where they took part in a lecture about the legal issues arising within the medical field.

What made the visit even more significant is that the talk was given by one of our former student's Lodine van Graan. Lodine is a second year undergraduate studying Law at Plymouth University. She now wishes to specialise in medical law and this presentation highlighted her drive and hard work.

The presentation also touched on how to improve Mental Health and Wellbeing at university, a very useful focus. This visit further cemented the great links that our careers department have forged with the University.

EVENTS AT SCOTT

Upcoming events...

Year 9 Industry Link Evening

Thursday 22nd June 2023. Meet your new peers and teaching staff and spend time within the college ready for September.

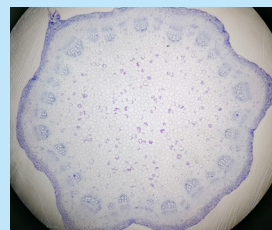
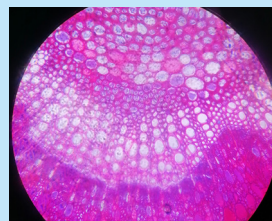
We are really pleased to have professionals from the medical and healthcare sector attending the event, giving students the opportunity to talk to experienced NHS workers.

Year 9 and 12 Open Evening

We are delighted to announce our next Open Evening will be on **Tuesday 6th June 2023.**

Meet current students and the Sixth Form Team, tour the facilities, find out what subjects you can study, learn about our wider curriculum, discover destination pathways and receive a free Goody bag.

To sign up please follow this [link](#).



Observation and biological drawing skills

Year 12 A-level Biologists have recently been learning about the exchange in plants, so participated in a microscope lesson to practice their observation and biological drawing skills.

They viewed transverse leaf and stem sections of dicotyledonous plants. They then attempted to draw what they saw, using their mobile phones to photograph the images to make their observations easier.

[READ THE FULL STORY HERE...](#)

No Label No Limits Workshop



Twenty-four students from across campus participated in the 5th No Label No Limits workshop.

This session focused on the girls understanding that there are no limits to the careers that they can pursue and considering careers that may be more male-dominated.

The girls completed a series of tasks and watched videos from Emma Watson, who spoke about ending gender inequality and one of the UK's only boxing MC's, an industry traditionally dominated by men.

[READ THE FULL STORY HERE...](#)



Biomedical Science Talk

Year 12 students from across campus were lucky enough to have a Medical Masterclass all about Biomedical Sciences, delivered by the fantastic Dr Paul Laurance-Young from University of Plymouth.

Paul was very funny whilst being informative, describing how the role of a w involves "cutting pieces of dead people into smaller pieces", and also working to help diagnose patients with a variety of conditions.

Daisy said, "Dr Laurance-Young was very engaging, and the topic was very interesting. His presentation style kept us interested all the way through. The material was related to real life and was really fascinating."

Gracie added, "It was a fantastic presentation and experience."

The students were both fascinated and mesmerised by the visit and have definitely taken away lots of information to help them with making their career choices.

Ten Tors Champion!

Congratulations to Bryn who recently completed an incredible 35-mile Ten Tors expedition!

Bryn said: "I am so happy I completed this challenge."

I am now determined to complete 45 miles next year! I am also completing my Duke of Edinburgh award so there's plenty more walking to come! This will be good practice to help me reach my goal along with my regular Cadets activity."





Gold DofE Training Walk

The Gold DofE students attended their second training walk this week and explored the area of Manaton on Dartmoor.

This time the students were walking independently and putting into practice all of their navigation skills. They did brilliantly, they were able to follow their planned routes and complete some tricky navigation, some even made it through the many bogs untouched!

The students worked together and kept one another's morale high with stops to take photos, look at the incredible views and even interact with the local cows! Positivity is an essential part of the final exhibition and the students are displaying this perfectly.

[CLICK HERE TO SEE MORE PHOTOS](#)

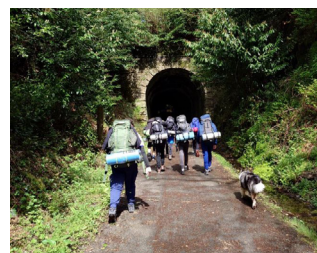
Silver DofE Overnight Expedition

The students from across campus joined forces this week to tackle their Silver DofE Practice Expedition.

This meant working in small teams to be totally self-sufficient as they spent 3 days and 2 nights walking across Dartmoor, Yelverton, Tavistock, Princetown and Burrator.

It was a hugely successful expedition with 53 students completing and already looking forward to the qualifier in the coming months. Many thanks to all the volunteer staff who made it happen.

[CLICK HERE TO READ MORE AND SEE MORE PHOTOS](#)



Gold DofE Wild Cooking

Our Gold DofE students went to Dartmoor to do some wild cooking in preparation for their expedition in June.



The teams were briefed to create a meal that they could cook using just a simple Trangia cooking stove, a small gas cannister and matches. There would be a prize for the best meal cooked, so the students took this incredibly seriously!

The meals were delicious and it is fair to say if this is the standard of cooking, they will be in for a real treat on the expedition in June!

[CLICK HERE TO SEE MORE PHOTOS](#)

Bronze DofE Practice Expedition

60 students from across campus took on the Bronze DofE Practice Expedition.

The students pushed their limits with two days of hiking and camping carrying everything they need to be totally self-sufficient.

All of the students did extremely well, and came together in their groups and kept each other motivated.

[CLICK HERE TO READ MORE](#)



Safeguarding: Is your Child Safe Online

Online grooming is a serious issue that affects children and young people all over the world. It is the process of manipulating and building relationships with children online, with the ultimate goal of sexually exploiting them. The grooming process can take place on social media platforms, chat rooms, gaming sites, and other online spaces where children and young people spend time. In this article, we will explore the dangers of online grooming and how parents can protect their children from this threat.

One of the most significant dangers of online grooming is that it is often difficult to detect. Groomers are skilled at manipulating children and young people and can do so without arousing suspicion. They may use flattery, gifts, and attention to build trust with their victims, making it difficult for parents to detect that anything is wrong. Groomers may also exploit children's vulnerabilities, such as low self-esteem, to gain their trust and manipulate them.

Another danger of online grooming is that it can lead to sexual exploitation. Groomers may use the relationships they have built with children and young people to coerce them into performing sexual acts or sharing explicit images and videos. This can have long-term consequences for the victims, including trauma, depression, and anxiety.

Parents can take steps to protect their children from online grooming. The first step is to educate children about the dangers of online grooming and the importance of not sharing personal information with strangers online. Parents should encourage their children to be cautious when communicating with people they don't know and to report any suspicious behaviour to the Safeguarding Team or a trusted adult.

Parents should also monitor their children's online activity and be aware of the apps and websites they use. They should set clear rules and boundaries for internet use, such as limiting the amount of time their children spend online and restricting access to certain sites and apps. They should also check the age restriction on the apps, games or sites young people use. Parents are encouraged to have open and honest conversations with their children about online safety and encourage them to come to them if they ever feel uncomfortable or threatened online.

In conclusion, online grooming is a serious threat to children and young people. Parents need to be vigilant and take steps to protect their children from this danger. By educating children about the risks of online grooming, monitoring their online activity, and setting clear boundaries, parents can help keep their children safe from this threat.

For more help or advice contact the Safeguarding Team email safeguarding@sdcc-smhc.net



App Aware: kik

kik.

Age restriction 17+

Kik is a messaging app that allows users to send and receive text messages, photos, and videos.

It is popular among teenagers and young adults due to its anonymity and privacy features.

Kik usernames are public, which means that anyone can add a user to their contact list and start messaging them.

It has been associated with online predators and cyberbullying incidents, so parents should monitor their child's use of the app.

Parents can set up parental controls on their child's device to restrict access to Kik and other potentially risky apps.

It is important for parents to talk to their children about online safety and the risks associated with using social media apps like Kik.

Eden Project Trip

Year 10 students at Scott College got the incredible opportunity to visit the Eden Project, as part of their curriculum enrichment.

It gave the students an opportunity to explore the diverse environments and to see the plant adaptations they have been learning about in the classroom setting. They were able to experience the responsibility of independently exploring and it was a lovely opportunity for students to interact with each other and build connections.

[CLICK HERE TO READ MORE AND SEE MORE PHOTOS](#)

