Subject	**BTEC TECH Award in Sport**
Exam Board	**Edexcel Pearson BTEC**
Topic	**Component 2: Taking Part and Improving Other Participants Sporting Performance**
Marks available	**60**
PSA Length	**Approx 5 hours**

Exam Information, guidance and hints

Command words:

Assess	Give careful consideration to all the factors or events that apply and identify which are the most important or relevant, leading to supported judgements.	Explain	Present an explanation that requires a justification/exemplification of the identified reason, way, benefit or importance etc.
Complete table (X) by stating	Present one point that identifies a reason, way, benefit, or importance etc and a second point that justifies/explains the first point.	Give	Provide an example or response, i.e. of a feature, characteristic or use of
Describe	Present two (or more) linked descriptive points on characteristics, features, uses or processes. Do not need to include a justification or reason.	Identify	Select the correct answer from the given context.
Draw	Match each item to the correct answer from a choice of five options.	State / name	Recall from memory facts, terms, processes, etc. or provide the correct answer to the given context.
Evaluate	Consider various aspects of a subject's qualities in relation to its context such as: strengths and weaknesses, advantages and disadvantages, pros and cons. Come to a judgement supported by evidence which will often be in the form of a conclusion.	Which	Select one correct answer from a choice of four options provided.

Videos:

Markschemes:

Mark Band 0	Mark Band 1	Mark Band 2	Mark Band 3	Mark Band 4
Task 1: Components of fitness **Learning outcome A: Understand how different components of fitness are used in different physical activities**				
0 marks	**1 – 3 marks**	**4 – 6 marks**	**7 – 9 marks**	**10 – 12 marks**
No rewardable material	**Limited** application of knowledge and understanding of physical fitness and skill-related components of fitness and their impact on performance in a specific physical activity. Evidenced through: • a **basic** account of the use of the components of fitness in the given physical activity with **some omissions** • a **basic** account of the impacts of the components of fitness on performance in the given physical activity.	**Adequate** application of knowledge and understanding of physical fitness and skill-related components of fitness and their impact on performance in a specific physical activity. Evidenced through: • a **partially developed** account of the use of the components of fitness in the given physical activity with **few omissions** • a **partially developed** account of the impacts of the components of fitness on performance in the given physical activity.	**Good** application of knowledge and understanding of physical fitness and skill-related components of fitness and their impact on performance in a specific physical activity. Evidenced through: • a **mostly developed** account of the use of the components of fitness in the given physical activity with **minor omissions** • a **mostly developed** account of the impacts of the components of fitness on performance in the given physical activity.	**Comprehensive** application of knowledge and understanding of physical fitness and skill-related components of fitness and their impact on performance in a specific physical activity. Evidenced through: • a **well-developed** account of the use of the components of fitness in the given physical activity with **no omissions** • a **well-developed** account of the impacts of the components of fitness on performance in the given physical activity.

Mark Band 0	Mark Band 1	Mark Band 2	Mark Band 3	Mark Band 4
Task 3: Officiating in sport **Learning outcome B: Be able to participate in sport and understand the roles and responsibilities of officials**				
0 marks	**1 – 3 marks**	**4 – 6 marks**	**7 – 9 marks**	**10 – 12 marks**
No rewardable material	**Limited** application of knowledge and understanding of the two given areas of development. Evidenced through: • a **basic** account of the main officials and their key responsibilities in the chosen sport with a **number** of omissions • a **basic** account of the given sport specific key rules and regulations • a **basic** account of the actions the official would normally take to ensure adherence to the given sport specific rules with **some** omissions.	**Adequate** application of knowledge and understanding of the two given areas of development. Evidenced through: • a **partially developed** account of the main officials and their key responsibilities in the chosen sport with **some** omissions • a **partially developed** account of the given sport specific key rules and regulations • a **partially developed** account of the actions the official would normally take to ensure adherence to the given sport specific rules with **few** omissions.	**Good** application of knowledge and understanding of the two given areas of development. Evidenced through: • a **mostly developed** account of the main officials and their key responsibilities in the chosen sport with a **few** omissions • a **mostly developed** account of the given sport specific key rules and regulations • a **mostly developed** account of the actions the official would normally take to ensure adherence to the given sport specific rules with **minor** omissions.	**Comprehensive** application of knowledge and understanding of the two given areas of development. Evidenced through: • a **well-developed** account of the main officials and their key responsibilities in the chosen sport with **minor** omissions • a **well-developed** account of the given sport specific key rules and regulations • a **well-developed** account of the actions the official would normally take to ensure adherence to the given sport specific rules with **no** omissions.

Mark Band 0	Mark Band 1	Mark Band 2	Mark Band 3	Mark Band 4
Task 4: Improving participants' sporting skill (written) **Learning outcome C: Demonstrate ways to improve participants sporting techniques**				
0 marks	**1 – 3 marks**	**4 – 6 marks**	**7 – 9 marks**	**10 – 12 marks**
No rewardable material	**Limited** application of knowledge and understanding of planning drills and conditioned practices for a chosen sport skill. Evidenced through: • **basic** plan with **little** relevance to the chosen sport skill • **basic** account to justify the choices of activities included in drills and conditioned practices with **little** relevance to the techniques required for the chosen sport skill.	**Adequate** application of knowledge and understanding of planning drills and conditioned practices for a chosen sport skill. Evidenced through: • **partially detailed** plan with **some** relevance to the chosen sport skill • **partially developed** account to justify the choices of activities included in drills and conditioned practices with **some** relevance to the techniques required for the chosen sport skill.	**Good** application of knowledge and understanding of planning drills and conditioned practices for a chosen sport skill. Evidenced through: • **mostly detailed** plan which is **mostly** relevant to the chosen sport skill • **mostly developed** account to justify the choices of activities included in drills and conditioned practices which is **mostly** relevant to the techniques required for the chosen sport skill.	**Comprehensive** application of knowledge and understanding of planning drills and conditioned practices for a chosen sport skill. Evidenced through: • **fully detailed** plan with **specific** relevance to the chosen sport skill • **fully developed** account to justify the choices of activities included in drills and conditioned practices with **specific** relevance to the techniques required for the chosen sport skill.

PLC	Component 2 PSA				
Topic	**Key information related to topic**	**Resources/Information related to topic**	**How well do you understand this topic?**		
			Red	Amber	Green
Components of Fitness	Define the physical and skill related components of fitness				
	Explain the impact of the components of fitness on sports and activities				
Roles and responsibilities of officials - Rules and regulations of sports and activities	Identify and describe the roles of officials in sports and activities	The FA England Netball			
	Identify and describe the responsibility of the officials in selected sports and activities				
	Identify and describe the rules and regulations stated by the national Governing Body of selected sports and activities				
	Evaluate the actions officials would take to ensure adherence of players/competitors to the rules and regulations				
Improving participants sporting techniques through	Give practices and drills to improve techniques and skills in sports				
	Give teaching points of techniques to				

coaching	support and improve participants				
	Demonstrate techniques, skills and tactics				
	Create and justify a coaching session for a sport or activity improving the performance of participants				